

Helen Packham



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Testimonial

Working with Helen has been an absolute game changer. I have a clear plan, I'm running at peak confidence and above all, I started signing high-end clients within weeks of us starting working together. I've gone from thinking about going back to my corporate career to feeling as though I have a successful and sustainable high-end coaching business. Telling my story in video format is, I think, one of the biggest breakthrough's I've ever had. Just genius.

Rebecca Morley, Coach

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Leadership & Business Coach

Helen helps entrepreneurial leaders to stand out, get recognised as experts and win more business.

Her experience lies in helping small business owners and entrepreneurs harness their unique areas of thought leadership and honing their stories through speaking, training and events.

As a speaker, Helen brings the ancient art of storytelling to the stage in a way that's relevant, poignant and compelling.

Described as 'inspirational', 'a thought leader' and 'courageous', for Helen being on stage simply feels like home.

As someone who once lost her confidence, career and identity after having kids, Helen has been on her own journey and now encourages entrepreneurs, corporate leaders and individuals to step up and be the stand out leader they were born to be.

Area of Expertise:

- **TEDx speaker**
- **Storytelling:** Combining storytelling & strategy to boost your brand and build a loyal and engaged following of fans and clients
- **Thought leadership:** Defining your unique and forward thinking messages and building a following around your methods, systems and ideas
- **Confidence:** The Impact of motherhood on confidence and career; identity, courage and change

Training Topics:

- 3 ways to make your dreams a reality
- The impact of motherhood on confidence and career
- How to become a thought leader
- How to land the gig of a lifetime
- How to be a stand out speaker

Available for Comment on:

- Female entrepreneurship
- Working parents
- Confidence
- Leadership
- Storytelling
- Identity

As featured in:

Forbes  **INDEPENDENT** **TEDx** **BBC RADIO**

and many more. Click [here](#) for details.